



2016 Master Food Safety Advisor Program

Colorado
State
University

Extension

Do you enjoy the art and science of food preservation?
Would you like to develop expertise in food preservation and food safety?
Become a Master Food Safety Advisor!

[What is a Master Food Safety Advisor?](#)

The Master food Safety Advisor program serves to extend CSU Extension's education programs in food safety and food preservation to adults and youth. The Master Food Safety Advisor is a trained volunteer educator and resource person in the community to provide the public with research-based information from Colorado State University and USDA.

[Why you should become a Master Food Safety Advisor?](#)

- You enjoy or want to hone your skills in the art and science of home food preservation.
- You would like to develop expertise in food preservation and food safety.
- A desire to share your expertise with others in the community.

[Who is eligible to apply?](#)

Anyone 21 years or older is eligible to apply to take Master Food Safety Advisor training. To become a Master Food Safety Advisor, applicants must meet the following qualifications:

- Attend training sessions for at least 30 hours.
- Pass written certification exam.
- Complete at least 30 hours of volunteer service as a Master Food Safety Advisor or 20 hours if also participating as a Master Gardner volunteer.
- Complete quarterly reports on the number of public contacts made.

[What training is provided?](#)

The MFSA program is coordinated and supervised by Extension Agents who work in the area of Family & Consumer Sciences. These program coordinators offer **30 hours of intensive training** on methods of canning, pickling, freezing, dehydrating, food safety and prevention of foodborne illness for a minimal fee, **in exchange for commitment of 30 hours of volunteer service each year** with a CSU county Extension office. Training is scheduled in the spring. See specific county links below for contact information, training dates and program cost. Educational updates are provided to returning volunteers and a recertification exam is required every three years.

[What does the training cover?](#)

During the lectures, discussion and labs in the demonstration kitchen, you will learn:

- The latest information on food safety and food preservation from Colorado State University and USDA
- Prevention of Foodborne Illness
- Food Storage and Safety
- Basis of Spoilage and Preservation
- Altitude adjustments for food preparation and safety
- Canning Basics
- Canning Acid Foods
- Canning Low-Acid Foods
- Pickled and Fermented Foods
- Preserving Fruit Spreads
- Freezing Foods
- Drying Food Products
- Nutritional Considerations
- Preparing for and Coping with Emergencies and Disasters
- Answering Consumer Questions

[What are Master Food Safety Advisor volunteer experiences?](#)

After completing your training, you will have an opportunity to choose your volunteer experiences. Depending on the county in which you volunteer, the 30-hour commitment may be fulfilled by:

- Helping others to learn, and provide research-based information from Colorado State University Extension.
- Answering consumer phone calls.
- Providing information at local Farmers' Markets, fairs, or supermarkets.
- Conducting presentations and workshops as part of a team or on your own for community groups and schools
- Preparing educational displays, writing articles for newsletters, newspapers, etc.

[How do you apply?](#)

Contact the nearest CSU Extension office listed below for more information about a volunteer program near you.

Larimer County

Edie McSherry
970-498-6008
emcsherry@larimer.org
www.larimer.org/ext

Boulder County

Anne Zander
303-678-6238
azander@bouldercounty.org
extension.colostate.edu/boulder

Eagle County

Glenda Wentworth
970-328-8632
Glenda.wentworth@colostate.edu
eaglecounty.us/csu

Garfield County

Carla Farrand
(970) 625-3969
carla.farrand@colostate.edu
extension.colostate.edu/garfieldcounty

LaPlata, Montezuma and Archuleta Counties

Wendy Rice
970-382-6461
wendy.rice@co.laplata.co.us
co.laplata.co.us/departments_and_elected_officials/colorado_state_university_extension

Routt County

Karen Massey
970-879-0825
Karen.massey@colostate.edu
rcextension.colostate.edu

Tri-River Area

Ann Duncan
970-244-1839 (Mesa)
970-249-3935 (Montrose)
ann.duncan@colostate.edu
extension.colostate.edu/TRA