Benefits available to CSU Employees Updated April 2020

Health and Wellness

<u>FITIIFE Health & Financial Wellness</u> – *Faculty and Administrative Professional* employees enrolled in Anthem healthcare plan who complete wellness activities annually may be eligible to earn a \$150 incentive (taxable) in the next calendar year.

<u>CafeWell</u> – *State Classified* employees can participate in program to receive \$20/month discount on insurance premiums.

Ombuds/Employee Assistance Program – No-cost counseling services as well as legal and financial planning resources to help employees and members of their households with personal issues. The EAP is a confidential source of personal support that can be accessed 24 hours a day.

Rams for Rams

Emergency Hardship Loan Fund – An emergency assistance program offering loans with little or no interest for unexpected emergencies caused by factors beyond an employee's control.

Volunteers in Public Schools (VIPS) – CSU allows employees up to 5 hours per month administrative leave to volunteer in any public-school district.

<u>CSU's Veterinary Teaching Hospital</u> – Veterinary services for small or large animals of CSU employees at 20% discount.

Education and Lifestyle

Poudre River Library – Free access to Poudre River Library District materials.

<u>Professional Development</u> – Trainings and services are free of charge. Talent Development designs and coordinates training and development opportunities for personal and professional growth for Colorado State University employees.

The Office of Training and Organizational Development – Designs and coordinates training and development opportunities for personal and professional growth for Colorado State University employees — academic faculty, administrative professional staff, and state classified personnel. Customized training and organizational development consulting services are also available. Trainings and services are free of charge.

Professional Development Award – Colorado State University offers financial support to assist Administrative Professional and State Classified employees seeking professional development. Awards may be made to applicants based on merit as demonstrated by their application. Funding requests may be made in any dollar amount, limited to a total of \$2,000 per individual per fiscal year and the Office of the Vice President for University Operations provides the award budget.

Feminist Frameworks Mastery Badge – The C2C discount is \$75 off of the Mastery Badge tuition, and \$44.25 off of the Quest Badge. Spaces are limited, so register soon! This course is designed to provide personal and professional development opportunities for those interested in learning more about intersectional feminism and associated concepts.

Living Mindfully Mastery Badge – CSU employees receive a 25% discount for any single course or bundle (Mastery and/or Quest Badge) registration. Get an introduction to the fundamentals of mindfulness in this online training program. Learn how to increase your awareness, move beyond distractions, and live more in the present.

Employee Study Privilege – Up to nine (9) credits per academic year for full-time employees (Summer-Spring) may be available at CSU-Fort Collins, CSU-Pueblo, CSU Online, CSU-Global Campus, or University of Northern Colorado). Credits are pro-rated based on your appointment percentage.

<u>CSU Tuition Scholarship</u> – A scholarship for 50% of resident tuition for regular, on-campus credits is available to eligible family members of eligible employees. The amount may vary depending on degree program. CSU employees' eligible family members may apply their tuition scholarship benefits at CSU-Pueblo or CSU-Global Campus as well as at CSU.

Joan Gaynor Kuder Scholarship – The Scholarship Committee accepts applications for these scholarships from full-time, 9- or 12-month CSU employees (administrative professional, state classified, and faculty) who have an active record of academic achievement and advancement, are working toward an identified educational goal, and have contributed to their particular units and/or to the University community by serving in additional capacities. The amount of this scholarship is determined annually.

Janet and Allan Eddy Scholarship – \$1,000 scholarship to eligible Colorado State University employees who have made sustained progress toward attaining an undergraduate degree from CSU.

Lifelong Learners – Lifelong learners (age 55 & older) may visit CSU resident instruction classes on a space available basis at no cost.

Get Green, Save Green

<u>CSU Alumni Association</u> – Offers a variety of discounts and deals for its members, including a 15% discount on regularly priced items at the CSU Bookstore. CSU employees receive a discounted membership rate of \$40 per year.

<u>Work-Life Employee Discount Program</u> – A number of employee discounts and privileges are listed on the <u>website of the Office of the Provost</u>. In addition, BenefitHub, the State of Colorado's <u>Work-Life</u> <u>Employee Discount Program</u>, offers a variety of discounts on goods and services to state employees.

Other Off-Campus Discounts

Budweiser Events Center – Colorado State Employees receive discounted tickets to select events at the Budweiser Events Center by using promo code GSCSU.

<u>Colorado Eagles</u> – Colorado State University employees are eligible to purchase specially priced \$19 tickets to select Colorado Eagles Games.

<u>Colorado Symphony</u> – Colorado State University employees are eligible to purchase \$25 tickets for most performances this season with discount code CSCSU20.

<u>Childcare Discounts</u> – State of CO offers state employees discounts from <u>AXIS International Preschool</u> (10% discount), <u>KinderCare Learning Centers/Knowledge Learning Corporation</u> (10% discount), and <u>Little People's</u> <u>Landing</u> (10% discount).

Denver International Airport Discounts

<u>Wally Park</u> – CSU employees receive approximately 50% off daily rates. <u>Canopy Airport Parking</u> – CSU employees and alumni receive 50% off their regular rates. <u>Groome Transportation</u> – CSU Faculty and Staff receive \$5 discount on each reservation.

Moving Discounts – North American Van Lines offers a 60 percent discount for interstate moves and free replacement cost insurance.

Benefits available to CSU Employees (Fort Collins based) Updated April 2020

CSU Rams Athletics

Men's and Women's Basketball – Half-price tickets and free concessions coupons for two home games with promo code C2C. 20% discount on 2019 season tickets.

Health and Wellness

Student Recreation Center – Free, unrestricted access for one month to make full use of its cardio and weights facilities, climbing wall, classes, pool, and more. After that, CSU will pay 50 percent of the price of membership if the employee signs up to be a member.

<u>Adult Fitness Program</u> – C2C will pay for 50 percent of the price of an individual membership. Couples or family rates will get a \$20 discount. This Health and Exercise Science Program offers regular fitness assessments and a variety of exercise options with the goal of improving members' cardiovascular fitness, strength, and flexibility.

<u>Heart Disease Prevention Program</u> – Preventative care benefit of heart health assessment (a \$400 value) for Anthem and UnitedHealthcare health plan subscribers. All others receive a 20% discount.

Noon Hour Faculty and Staff Fitness Program – CSU will pay 50 percent of the price of membership to this program that assists members in discovering healthier lifestyles through exercise.

Kendall Reagan Nutrition Center – C2C covers 40-100% of its diabetes program, 20% of resting metabolic rate testing, and 20% of nutrition consultations for a variety of nutrition needs. Staff includes masters-level registered dietitian nutritionists who are also certified lifestyle coaches. KRNC's RDNs hold advanced certification in adult weight management, diabetes prevention, diabetes management, food allergies and sensitivities, and digestive disorders.

National Diabetes Prevention Program – Kendall Reagan Nutrition Center's year-long lifestyle program for Anthem and UnitedHealthcare patients. 50% discount for all other employees. Includes education, resources and support for improving nutrition, physical activity and weight management

Center for Family and Couple Therapy – C2C wellness benefits include ½ price of an already low sliding fee for individual, couples and family therapy. The center is a full-service therapy center that is dedicated to empowering families, couples, and individuals to strengthen their relationships, resolve troubling issues, and achieve personal well-being.

<u>Nursing Moms Accommodations</u> - Private, sanitary lactation rooms are open for nursing moms on campus.

<u>City of Fort Collins Recreation Facilities</u> – CSU employees may purchase discounted 25-Admission Multiple Facility Passes or a Multiple Facility Admission Pass at the Corporate Pass Program rate for Edora Pool Ice Center, Mulberry Pool, Northside Aztlan Community Center, Senior Center, Foothills Activity Center and The Farm at Lee Martinez Park.

Family & Home

<u>CSU Summer Camps for Kids</u> – CSU employees receive a 15% tuition discount on K-12 Programs including Youth Sports Camps, Mechanical Engineering, Biomed Bootcamp, and more.

<u>CARE Program at CSU</u> – The CARE program connects CSU employees to local health and social services recourses. With goals to build relationships between employees and community agencies and navigate life's challenges.

Early Childhood Center – CSU faculty, staff and students receive priority enrollment on a space available basis.

Sunshine House Childcare – CSU employees receive priority enrollment when space is available.

<u>After School Programs</u> - The College of Health and Human Sciences' Youth Sport Camps program offers a camp that runs during the school year, at a reduced price, for CSU employees.

Rams for Rams

<u>CSU Parking Discount Offered to Low-Income Earning Employees</u> – Employees earning less than \$35,000 per year from their CSU salary are automatically afforded a 50% discount on "A" parking permits.

<u>Campus Safety and SafeWalk</u> – CSU Police Department provides SafeWalk from dusk to dawn. A Student escort trained in safety and security will walk you to your car or another location within a few blocks of campus.

Education and Lifestyle

<u>CSU University Center for the Arts</u> – Employees receive one free pair of tickets per school year to music, theatre, or dance performance. <u>U</u>se the Colorado State Community log in.

<u>Free Newspapers</u> – The USA Today Collegiate Readership Program provides free daily newspapers to the campus community. We offer USA Today and Denver Post print editions Monday through Friday. Papers are available in many locations on main, South and Foothills campuses

Free Drop-in Dance Classes – Classes are centered on Ballet, Modern, and Jazz techniques and accommodations are made for beginning through advanced dancers as needed.

<u>The Career Counseling and Assessment Clinic</u> – CSU's Psychological Services Center offers a comprehensive career assessment program for CSU employees and their immediate family members at 20% off the already-discounted faculty and staff rate.

<u>CSU Confucius Institute</u> – Offers free classes on learning about Chinese culture

Get Green, Save Green

<u>SkiSU</u> – Ski bus that provides round-trip transportation for the ticketholder and his or her skis or snowboard and other gear between CSU and the designated ski resort

<u>University Club Membership</u> – membership includes variety of discounts. The University Club is located on the third floor of the Lory Student Center.

<u>RamTech</u> – Lory Student Center offers computers, tablets, software and accessories at discounted prices for personal purchases by students, faculty and staff.

The Spoke – Colorado State University's on-campus cycling maintenance and educational training center servicing our University students, faculty, and staff offers free labor repair on bikes.

<u>Ram Country Meats</u> – CSU's Department of Animal Sciences, offers competitively priced meats sales to the campus community.

Fort Collins Alternative Transportation – CSU employees may ride Around the Horn, Fort Collins Transfort, and Max for free.

Zipcar – Rates on all CSU vehicles start as low as \$8 per hour and \$66 per day (24 hours).

Other Off-Campus Discounts

Marriott Fort Collins Hotel – \$125 per night room rate with boking code D34

<u>Hilton Garden Inn Hotel</u> – \$139 per night room rate by calling (970) 225-2900 and mentioning CSU Ram Rate.

Hampton Inn Fort Collins Hotel – \$132 per night room rate by calling (970) 229-5927 and mentioning CSU Ram Rate.

Fort Fun – CSU Staff members plus one guest will each receive \$5.00 off an All-Day Fun Pass with proof of Employee ID.