

Visual Input Activity #3

Objective: Provide insight as to what it can be like to be given a task to accomplish without any visual cues in a sensory stimulating environment. A person with autism spectrum disorder may not receive the same visual cues and this activity is designed to provide participants with a similar experience.

Materials Needed:

1. Colored blocks
2. Music or distracting noise
3. Table or flat surface

Instructions:

1. Facilitator will put blocks on the table or flat surface in no specific order with the music or distracting noise being played
2. Participant should be instructed to avoid eye contact with the facilitator
3. Facilitator will provide the participant with quick instruction on the order the blocks should be arrange
 - a. Example -- “red, blue, purple, red, orange....”
 - b. Facilitator Note: facilitator should act annoyed with the participant because the participant is not making eye contact and attempt to force eye contact with the participant
 - i. Make it a priority to force eye contact with the participant and do not repeat instructions
 - ii. People who are not familiar with autism spectrum disorder can become annoyed when a person with autism spectrum disorder is not maintaining eye contact
4. Participant will complete the instructions given by facilitator while avoiding eye contact