

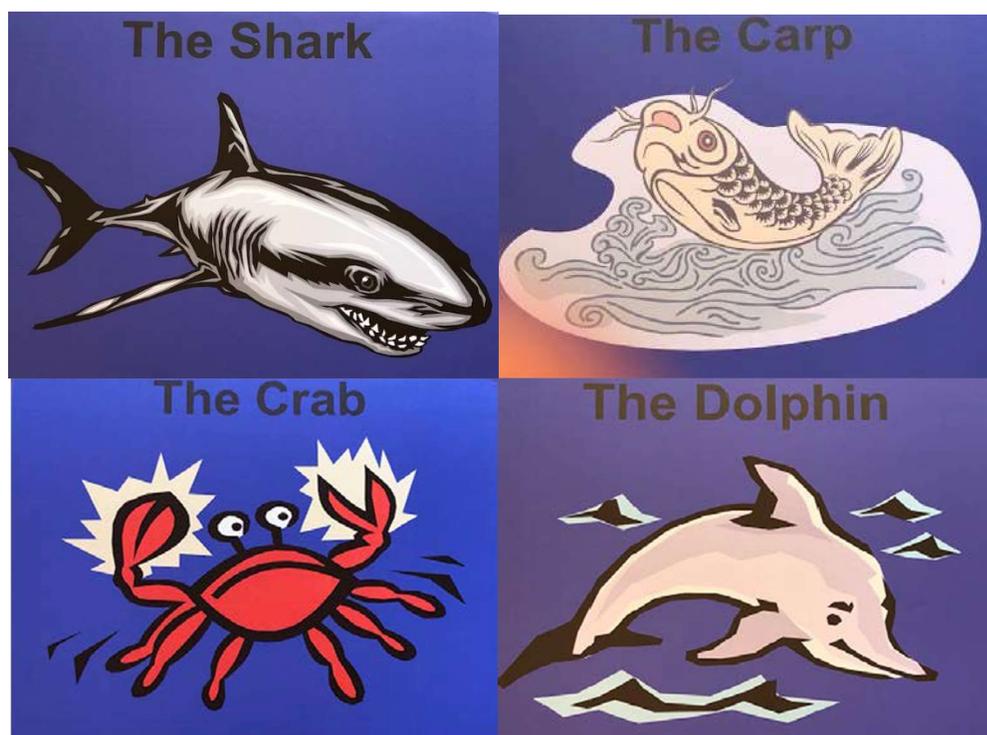
Activity Eight: What Would You Do? Shark, Carp, Crab or Dolphin

Materials:

- Set up to show video clips or if you decide to use written scenarios have them printed.
- Print out images of a shark, carp, crab, and dolphin.

Instructions:

1. Hang up the Big 8+ poster and review the poster content.
2. Facilitators should review the video clips listed at the end of this activity and decide which ones would be the best for their group. They also can find others online under *What Would You Do* [gender, age, ability, discrimination, etc.].
 - Carefully review clips to decide if you want to show the entire clips or portions of them.
 - Facilitators can also write scenarios based on the clips or create similar scenarios.



3. Facilitators explain the shark, carp, crab, or dolphin at the beginning of the activity as metaphors for behaviors. It is helpful to put all 4 images up on a board for reference. Be sure that all participants understand the metaphor of the sea creatures and that each creature represents the ways in which all of us can act at times.
 - Sharks:
 - Sharks can make people afraid. They can be dangerous and intimidating.
 - Examples: Talking behind someone's back in a mean way, making fun of someone, laughing at a joke that makes fun of people from a particular group (Big 8+), being unkind on social media, bullying someone, etc.

- Carps:
 - Carps are bottom-dwellers in the water. They eat the droppings of other fish. They often feel they aren't as important as the other fish. They lack self-confidence.
 - Examples: Not having confidence in yourself, not speaking up when someone is unkind to you, not thinking you are deserving of respect, not liking yourself, believing unkind things said about you or a group you belong to (Big 8+), not asking for help when they need it, etc.
- Crabs:
 - Crabs are by-standers. They stand by instead of standing up for others. Crabs walk side to side, not knowing what to do.
 - Examples: A crab sees the shark being unkind to a carp and doesn't do anything about it. Crabs walk side to side not moving forward or stepping in to help. They notice a mean joke by a shark and they notice the carp needing help but they don't know what to do or say. They just walk side-to-side, back and forth, just noticing.
- Dolphins:
 - Dolphins get help from others when they can't help on their own. Dolphins encourage crabs to believe in themselves and stand up for themselves. Dolphins encourage crabs to be an ally and to speak up when they see shark behavior.
 - Use your hands to show how a dolphin swims up above the water and dives down in the water. Sometimes they lead and sometimes they follow. They share and they lead by example by respecting self and others.
 - They know how to speak up and how to listen. They know how to include others who may feel excluded. They stand up to sharks by "calling them in, not calling them out." Calling someone in means using respectful words such as don't talk behind peoples' backs or don't tell mean jokes.
- Be sure to explain that all of us have times when we have been the shark, carp, crab, or dolphin and we can think of times that others have been all of these. We must all work to be the dolphin in our daily lives in order to be an ally and to make a difference in a world where all people are treated with dignity and respect.

4. After explaining the marine creatures and passing out paper and pencils so they can take notes on which actors represent which marine animals, show the first video clip or read a scenario.
 - Have mentor mentee pairs or the group discuss:
 - ☐ Have mentor/mentee pairs or the group discuss: Who was behaving like a shark and what did they do that was shark-like?
 - ☐ Who was behaving like a crab and what did they do that was crab-like?
 - ☐ Who was behaving like a carp and what did they do that was carp-like?
 - ☐ Who was behaving like a dolphin and what did they do that was dolphin-like?
 - ☐ What do you feel and think about the situation?
 - ☐ What did you find surprising about the situation?
 - ☐ What would you do in that situation?
 - ☐ Have you ever been in a similar situation?
 - Be sure to discuss how to be an ally and how that can look many ways but usually begins with noticing something, feeling triggered or upset that something is unfair or wrong, and being thoughtful about how to respond.
5. Repeat steps 4 and 5 for each video clip scenario below.
6. End activity with encouraging all of us to ask ourselves
 - Am I behaving like a dolphin at home, at school, etc. in my daily life?
 - How can I be more like a dolphin more often?

Clips to show:

- Social Economic Status
 - What would you do: cashier shames customer for not having enough money food stamps
 - <https://www.youtube.com/watch?v=EVtcfW9p5OE>
- Ethnicity
 - What would you do: waitress discriminates against Muslim family
 - <https://www.youtube.com/watch?v=GK6A-2PwfMI>
- Sexual Orientation
 - What would you do: gay teen athlete comes out to homophobic teammates
 - <https://www.youtube.com/watch?v=fK0t0WjQkT4>
- Age
 - What would you do: young man verbally berates elderly waiter
 - <https://www.youtube.com/watch?v=jHQ5giVoAZM>

- Ability
 - What would you do: restaurant customer who has down syndrome
 - <https://www.youtube.com/watch?v=tHEwEvAXxos>

- Race
 - What would you do: white waitress black diners to prepay
 - <https://www.youtube.com/watch?v=RTnjb9ffayc>