



**Cooking for one?  
First time renter?**

**Colorado State University**

**Extension**

provides information on these  
topics and more!

Look for these fact sheets at  
**[www.ext.colostate.edu](http://www.ext.colostate.edu)**

- 9.139 Credit: Getting Started and Staying on Track
- 9.351 Meals for One or Two
- 9.154 Finding and Keeping Your First Job
- 9.906 Renting: Location, Selection and Roommates
- 9.316 Updating Food Preparation to Promote Health
- 10.213 Preventing Youth and Adult Suicide
- 9.323 Nutrition and Oral Contraceptives
- 9.363 Weight Loss Programs