

Save the Date!

2017 Rural Behavioral Health Webinar Series

Depression in Mothers- More than the Blues: A Rural Perspective

March 8, 2017, 3:00 p.m. - 4:30 p.m. Eastern Time

Providing Culturally and Linguistically Competent Behavioral Health Services to Diverse Populations in Rural Communities

May 17, 2017, 3:00 p.m. – 4:30 p.m. Eastern Time

Responding to Natural Disasters in Rural Communities

June 21, 2017, 3:00 p.m. – 4:30 p.m. Eastern Time

A Focus on Suicide Prevention in Rural Communities

August 16, 2017, 3:00 p.m. – 4:30 p.m. Eastern Time

2017 Rural Behavioral Health Webinar Series Overview

The 2017 Rural Behavioral Health Webinar Series will provide resources and information on innovative approaches to address rural community behavioral health. These approaches are embedded in a public health framework that acknowledges the role that social, economic, and geographic elements play in the lives of individuals and how they impact behavioral health and well-being. Through these webinars participants will learn about strategies to create and sustain services and supports that reduce the impact of behavioral health issues and promote a good quality of life for an entire community. The webinar series provides an opportunity for participants to learn from experts and is intended to facilitate peer-to-peer networking, knowledge exchange, and information sharing.

Please see below for a complete list of upcoming webinars and additional information on how to register for them

Depression in Mothers- More than the Blues: A Rural Perspective
March 8, 2017, 3:00 p.m. - 4:30 p.m. Eastern Time

Description: This webinar will highlight *Depression in Mothers: More Than the Blues Toolkit*, developed by the Substance Abuse and Mental Health Services Administration (SAMHSA), in partnership with experts in the fields of mental health and maternal and child health. This user-friendly toolkit offers background information about depression. It also offers ideas that providers can use when helping mothers, and their families, who may be suffering from depression. During this webinar, presenters will provide an overview of the toolkit framework and components. They will discuss how the toolkit can be used to work with mothers and their families representing diverse populations in rural communities. The information and resources provided during this webinar will benefit the early childhood workforce who interacts with pregnant women and new mothers. It will be especially useful to Women Infants and Children Program (WIC) staff, home visitors, and Healthy Start workers already working with families to raise awareness and understanding about maternal depression. Please join SAMHSA to learn more about how you can best support pregnant women, and mothers of young children and their families, who may be at risk for or experiencing depression.

Objectives: Participants in today's webinar will:

- Learn about the framework and components of the toolkit;
- Learn how the toolkit can be used when helping mothers and their families from diverse backgrounds living in rural communities.

Presenters:

Yanique Edmond, Ph.D., Senior Public Health Advisor, Center for Mental Health Services, Substance Abuse and Mental Health Services Administration.

Deborah F. Perry, Ph.D., Director of Research and Evaluation, Research Professor, Center for Child and Human Development, Georgetown University.

Phuonglan Nguyen, MSW, Young Child Wellness Specialist, Maternal Wellness & Early Childhood Unit, Children, Youth and Families Branch, Colorado Department of Public Health and Environment.

Facilitator:

Karen B. Francis, Ph.D., Principal Researcher, American Institutes for Research (AIR)

For additional information and to register, please visit:

<http://ruralbehavioralhealth.org/events>

Additional Webinars in the 2017 Rural Behavioral Health Webinar Series

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The 2017 Rural Behavioral Health Webinar Series is supported by the Substance Abuse and Mental Health Services Administration (SAMHSA), Mental Health Promotion Branch, Division of Prevention, Traumatic Stress, & Special Programs, U.S. Department of Health & Human Services in collaboration with the American Institutes for Research (AIR).

For more information about the Rural Behavioral Health Webinar Series and to access resources on rural behavioral health please visit –

<http://ruralbehavioralhealth.org/events>

**Please plan to join us for the
2017 Rural Behavioral Health Webinar Series**