

APRIL 2023

Zeta Chapter News and Notes

ESP COLORADO

Zeta Chapter
Epsilon Sigma Phi | Your Key to Professional Excellence

Zeta Executive Committee

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Committee Chairs

Bylaws: Carla Farrand

Global Relations: Christy Fitzpatrick

Membership Recruitment and Retention:
Todd Hagenbuch & Dennis Kaan

Nominating: Todd Hagenbuch

Professional Development: Kurt Jones

Public Issues: Carla Farrand

Scholarships, Grants and Recognition:
Deryn Davidson

Resource Development and Management:
Gus Westerman

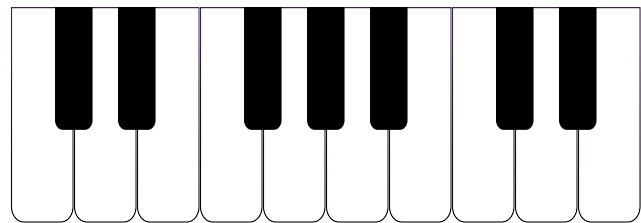
President's Message: MUSIC FOR THE SOUL

Alison O'Connor



I recently started taking piano lessons again. I've always loved music, and took piano for several years when I was younger. Unfortunately piano got dropped in favor of sports and other activities in high school. Picking up the piano again hasn't been easy, but it's such a rewarding experience. I will never be Elton John, but I can sloooooowly plunk out a recognizable tune. I've always loved music, crossing genres from 90s grunge, to Taylor Swift, twangy country, to bubblegum Beatles. I work best with music in my ears - I find it comforting.

When you're stressed or anxious, what do you turn to? I often seek out music to relax, recoup, and regenerate my soul. You might go for a walk, weed the garden, or call a friend. Maybe you go running or cook an elaborate dinner. We face so many stresses in our lives each day, whether they are work or family related, that we all need an outlet. Music is mine. And baking! Take care of yourself and each other...and crank up the tunes.



ESP Websites:

[Zeta Chapter](#)

[National ESP](#)



ESP SCHOLARSHIPS: NATIONAL DEADLINE IS MAY 1!

By: Deryn Davidson, Chair of Scholarships, Grants, and Recognition

Are you looking for new opportunities to strengthen your programming and polish your skills? If the professional development that you're finding is fee based, you should check out the scholarships available to ESP members!! The ESP Zeta Chapter (local) and National ESP have scholarships specifically focused on funding professional development. Currently there are two scholarships available from ESP National to assist members in attending the National ESP Conference. This year the conference will be held in Billings, MT from September 25th-28th, 2023. Planning is still underway, but if you are interested in attending, these funds could help you get there. Members from our local Zeta Chapter have received national scholarships in the past, so take a moment to check out these options. Both are due May 1st.

Redinger Administrative Leader Scholarship (Due May 1)

Epsilon Sigma Phi, through the ESP Development Fund, has established this scholarship to promote continued professional development for eligible members to attend the National ESP Conference. The scholarship is to be used to defray the cost of attending the National ESP Conference. Two scholarships of \$1,000.00 each will be awarded annually to outstanding administrators/leaders based on accomplishments at the county, regional, state or national level.

Justin Morrill Scholarship (Due May 1)

Epsilon Sigma Phi, through the ESP Development Fund, has established this scholarship to promote professional development for ESP eligible members employed by 1890 or 1994 Land Grant institutions to attend the National ESP Conference. The scholarship is to only be used to defray the cost of attending the National ESP Conference. Two scholarships in the amount of \$1,000 will be awarded.

ESP SCHOLARSHIPS: LOCAL ZETA FUNDS AVAILABLE

Our ESP Zeta Chapter has scholarship funds available on an ongoing basis (while funds are available). Scroll toward the bottom of the webpage and click on "Scholarships" to access the application form that you will send to Kurt Jones at Kurt.Jones@ColoState.EDU. [Or click here for the application.](#)

The funds are there! Why not take advantage and have some fun along the way?? Good luck!

LIFE MEMBER NEWS

Luann Boyer, Executive Secretary

Save the Date

**FOR THE RETIREE SOCIAL
JULY 19, 2023**

Watch for details for the 2023 Extension Retiree Social which will be sent to the 200+ names for which we have contact information. In the meantime, **SAVE** Wednesday, July 19 on your calendar for this event. It will be held at the same location as in 2022 – the McKee 4-H Youth & Community Building at The Ranch near Loveland (Larimer County Fairgrounds).

The Social begins about 10am with coffee and light refreshments and time for visiting and sharing until lunch around noon. We invite representatives from the Office of Engagement and Extension administration to attend, and they usually give an update on activities and events and will participate in Q&A.

RETIRING? CONSIDER AN ESP LIFE MEMBERSHIP!

If you have retired this past year or are planning to this year, remember you can still be a member of ESP by becoming a Life Member. Life Members continue to be active in our Zeta Chapter as well as on National boards by serving as an officer, committee chair or committee member. You can present at the National ESP Conference, receive a stipend as a committee member, or receive a significant discount on the registration fee. The 2023 National Conference is in Billings, Montana, September 24-28. Life Membership is \$275 and you only pay it once.

Send payment (\$275) to Zeta Chapter Treasurer: Gus Westerman, PO Box 527, Dove Creek, Colorado 81324.

ZETA CHAPTER HISTORY

Luann Boyer, Executive Secretary

The 1936 ESP Yearbook contains information on installation of two memorial plaques at the U.S. Department of Agriculture Building in Washington D.C., funded by ESP. One plaque was for Seaman Knapp, considered to be the founder of Farm Demonstration Work, developed into Cooperative Extension. The other plaque was for James Wilson who served as Secretary of Agriculture from 1897-1913. These plaques cost Epsilon Sigma Phi \$1,500 and were installed on July 22, 1936 in conjunction with the completion of the Memorial Archway which connects the two USDA Buildings.



Seaman A. Knapp memorial plaque

In other 1936 news, the ESP Grand Secretary-Treasurer reported a total membership of 2,340, and a new chapter was organized in Delaware and christened Alpha Theta. Chapters are now organized in 46 states, Territory of Hawaii, Puerto Rico, and District of Columbia. The November 1, 1935 to October 31, 1936 financial report showed income of \$2,655.00 and expenses of \$3,728.82, higher than usual due to the \$1500 paid for the two memorial plaques.

Due to illness, the Grand Council Message was given by Grand Vice Director T.A. Coleman. He cited some thoughts on how to govern, stay on safe ground, and prevent acting hasty: (1) Find the Facts; (2) Face the Facts; (3) Filter the Facts; (4) Focus the Facts; (5) Follow the Facts.

1936



GLOBAL RELATIONS

By Christy Fitzpatrick, Chair

CONNECTING SPANISH SPEAKERS TO EXTENSION LEARNING

The Zeta Chapter Global Relations Committee exists to share experiences and resources that help our members learn and feel comfortable with the cultures, languages, traditions, and assets of our world. Sometimes we do this by highlighting opportunities to learn abroad, but these connections can also be made here in our own regions and communities.

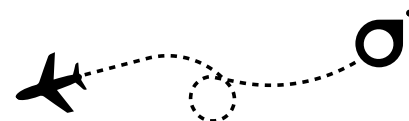
These short articles highlight some CSU Extension bilingual programs occurring around the state. Each committee member shares a bit about bilingual work that they are involved in. Each story has the author's name so you can reach out to them to learn more. We also invite you to share your multicultural and multilingual work with us for future articles.

Amber Webb, Larimer County (awebb@larimer.org)

Garden to Kitchen (formerly Grow Smart Eat Smart) is a program developed and delivered in collaboration by the Extension Nutrition, Food Safety, and Health team and the Horticulture team. This program targets rural, low-income, and Spanish speaking communities. Classes are offered in English with live Spanish interpretation. The program provides beginner/novice Colorado gardeners tools to confidently, safely, and successfully 1) grow some of their own produce on a limited budget with limited outdoor space, and 2) prepare and enjoy self-grown, quality produce to help improve accessibility, affordability, and consumption of local, quality produce as part of a healthy diet. In addition to presentation and demonstration, the curriculum includes support materials in English and Spanish. Educators piloted Garden to Kitchen in Spring 2022 in La Plata County, Eagle County, El Paso County, Larimer County, and Weld County and look forward to offering the program again in 2023!

Lisa Auer, Larimer County (lauer@larimer.org)

Juntos 4-H is a program that helps Latino youth (grades 8 to 12) and their families gain the knowledge and skills they need to bridge the gap between high school and higher education. The program was developed by North Carolina State University in 2007. In 2021, Colorado State University Extension piloted the program in Douglas County. In Fall 2022, the program was piloted in Larimer County in partnership with Poudre High School. In 2023, Weld County and the San Luis Valley plan to pilot the program. So far in Colorado we have held Family Engagement Workshops and plan next to develop 4-H clubs focused on academics, tutoring, life-skill activities, and community service and mentorships programs. Family members have remarked they enjoy the program and the opportunity to learn more about our educational systems in Spanish.





GLOBAL RELATIONS CONT.

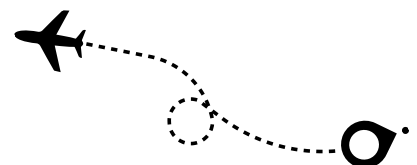
Dani Wesolowski, Garfield County (dani.wesolowski@colostate.edu)

The COVID pandemic brought many challenges for Extension and the communities they serve. The group who felt the isolation the most was the youth in our county. We wanted to provide educational resources through our Meal Monkey program that would allow students to engage in STEM while out of school. When the pandemic resulted in 4-day school weeks, we felt the need to provide 5th day programming for students on Fridays while also accommodating community needs by providing lessons in English and Spanish. Family Fridays provide fun STEM educational activities for youth and their families. We partnered with Colorado Mountain College and our AmeriCorps program to expand our reach to under-resourced youth and families. A two-hour class allows parents to work on GED prep, English as a second language, accounting, and more. While parents are learning, we provide childcare and integrate STEM activities to further student's learning.

Taylor Ruckman, Garfield County (taylor.ruckman@colostate.edu)

In Garfield County, around 80% of the population is Spanish speaking. In several 4-H families the only English speakers are children under the age of 15. Because 4-H is a program where youth learn personal responsibility and independence, much learning and project work happens at home with parent support. The majority of 4-H's curriculum and material is written in English, so we are working on translating as much as possible making it more accessible to Spanish speaking families.

We started with our monthly newsletter which announces upcoming events, project guidelines, and deadlines, all very important to keeping our families in the loop. Each month, I write the newsletter in English, then translate a couple sentences at a time through a word processor set to the Central American Spanish dialect (the most common in our area). I try to double check everything and then send it to our local translator and 4-H Leader, Luz. Luz has been interpreting our in-person classes and translating written publications for several years. After she approves it or suggests edits, I upload the Spanish and English versions to our website and email them to our families. I use this system to translate informational posters, email reminders, and information for prospective families. Being able to provide information in Spanish helps families feel like this program is for them too- which is my goal!



CSU Engagement and Extension Awards

By Carla Farrand, President-Elect

CSU Awards

Due September 11, 2023

- Professional Development Award - CSU Commitment to Campus Professional Development (C2C)
- CSU Administrative Professional or State Classified

Due September 30, 2023

- Distinguished Service Awards
- Link is emailed in September
- F.A. Anderson Award: Those eligible are state or regional CSU Extension personnel whose primary area of responsibility and achievement is at the statewide level. Previous winners of this award are not eligible for a second award for five years.
- Alton Scofield Award: Those eligible are county, area, or regional CSU Extension personnel whose primary area of responsibility and achievement is at the county or area level. Previous winners of this award are not eligible for a second award for five years.

CSU Extension Job Opportunity: Horticulture State Specialist & Extension Master Gardener Program Director

OEE invites applications and nominations for a Horticulture State Specialist & Extension Master Gardener Program Director. This is a full-time, twelve (12) month, non-tenure track Extension faculty position. Faculty rank is dependent upon the candidate's academic credentials and professional experience and is subject to review by the Extension Promotion Committee. The faculty appointment, evaluation, and promotion standards are centered around the three core duties of extension faculty – educate, create, and connect. Candidates are sought with interests that complement and expand upon current initiatives and education activities in OEE. Expertise in horticulture, public horticulture, adult education, or agricultural education is sought though applicants in all areas will be considered. This position will serve on the statewide Extension Programs team and is supervised by the Director of Extension Programs. This position will supervise the Colorado Master Gardener State Educational Specialist.

The primary office location for this position is in Fort Collins on CSU main campus, while this position is eligible for a hybrid work arrangement, the individual is expected to maintain a balance establishing a presence in the primary office, to effectively carry out the duties of the position. The work schedule will vary, and occasional nights and weekends will be required.

Required Qualifications:

- Completed master's degree. Conferred degree must be in horticulture, public horticulture, adult education, agricultural education or closely related discipline or closely related field.
- 5+ years professional experience relevant to the Essential Job Duties.

Annual Salary Range: \$81,000 - \$109,000 (commensurate on academic credentials and professional experience). To view the job vacancy announcement and apply, click link:

<https://jobs.colostate.edu/postings/124981>. For full consideration, all materials must be RECEIVED no later than 11:59 PM Mountain on Sunday, May 7, 2023.

WEBINAR

**Miss the professional development webinars?
Click below to watch**

- [Mindfulness for Stress Resilience](#) with Dr. Sue Schneider
- [Social Media 101](#) with Lucy Falconer



ESP Websites:
[Zeta Chapter](#) | [National ESP](#)

Colorado State University Extension is an equal opportunity provider. Colorado State University does not discriminate on the basis of disability and is committed to providing reasonable accommodations. CSU's Office of Engagement and Extension ensures meaningful access and equal opportunities to participate to individuals whose first language is not English. Colorado State University Extension es un proveedor que ofrece igualdad de oportunidades. Colorado State University no discrimina por motivos de discapacidad y se compromete a proporcionar adaptaciones razonables. Office of Engagement and Extension de CSU garantiza acceso significativo e igualdad de oportunidades para participar a las personas quienes su primer idioma no es el inglés.